



WHITE WILLOW

— *Natural Skincare Clinic* —

LOOK AND FEEL THE BEST
WAY YOU EVER HAVE,
INSIDE AND OUT.

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WE CARE ABOUT WHAT WE PUT ON
YOUR SKIN AND INTO YOUR BODY
BECAUSE WE KNOW TRUE BEAUTY
IS HOW YOU LOOK AND FEEL
INSIDE AND OUT.





CENTELLA SKINCARE

WHITE WILLOW SIGNATURE FACIAL

A tailored made facial targeting dry, oily combination, dull skin types keeping anti ageing to the forefront of the treatment. A double cleanse and exfoliation including a mild lactic peel erases impurities, and works the deep skin tissues to oxygenate and stimulate micro-circulation, and eliminate toxins and puffiness under the skin. Followed by a deep relaxing and nourishing massage. Targeted to slow the ageing process by improving the quality of the skin and to keep it looking healthy, toned and refreshed.

75min

€95

SOIN EXCELLENCE - FOR DRY/ DEHYDRATED SKIN LACKING TONE AND LUSTRE. 1ST SIGNS OF AGEING

Our sculpting Dermophyts machine and the power of the therapists hands lift, smooth, tighten and brighten the skin immediately. This exceptional treatment allies Centella Asiatica stem cells combined with the machine to stimulate Collagen and elastin fibres, hydrate and nourish the skin. The skin appears plumper and lifted. A must for a firm, clear complexion and younger looking, renewed skin.

90min

€110

SOIN PRESTIGE - COMPLETE ANTI AGE

A firming treatment based on stem cells of Centella Asiatica. This treatment is recommended for dry, devitalised skin. Double cleanse and exfoliant with a mild lactic peel, Global Lotion, masks and serums that fully absorb into the dermis while your skin is bathed in stem cell activity from the Centella Prestige range boosting the regeneration of your connective tissue and reinforcing the dermis. With the use of active botanics, maintaining and reversing signs of ageing is achieved. Both the LED light therapy and the Dermophyts machine is used during this facial to prolong the anti ageing effect.

90min

€125

TRUE
beauty

RADIATES FROM
THE INSIDE
OUT.



CENTELLA SKINCARE

SOIN PURETE

This is a deep cleansing facial with extractions to re-balance sebum levels and clarify the skin. Starting with a double cleanse and a double peel to exfoliate all impurities, serum Anti-Comedones is applied before extractions. Copper, Thyme and Rosemary in the serum are anti-bacterial to help clear acne prone skin. A specific mask with Camphor, Clove and Mint decongest, soothe and heal the skin leaving you feel more refreshed, less inflamed and revitalised.

60min €80

SOIN MUM TO BE

Gentle skin treatment with no essential oils to suit the most sensitive skin during pregnancy. After cleansing and a soft exfoliation, a calming serum and cream is used to sooth inflammation and redness and improve hydration levels. A therapeutic massage is performed including the face, neck, shoulders and arms to relax mum and baby, finishing with a cream fully absorbable mask, gentle pressure points and scalp massage to completely relax and de-stress the body and mind.

60min €80

SOIN VITALITE - ALL SKIN TYPES

This facial uses a variety of plant extracts to treat sensitive, dry dehydrated skin. A combination of a double cleanse and exfoliation with a mild lactic acid hydrates, remove impurities, while customised serums and mask further treat your skins concerns. A massage is performed and adapted to your skins needs leaving your skin fresh and radiant.

60min €85

BE
mindful
WHAT YOU
PUT ON YOUR SKIN.
IT GOES ALL THE WAY
THROUGH.



ALEXANDRIA SUGARING HAIR REMOVAL

SUGARING LADIES

100% natural, organic, permanent hair removal system. The prices below for sugaring are estimates. The overall sugaring price is advised on the initial consultation. This may result in the price being reduced or increased depending on the time of your previous appointment and the strength of the hair.

FULL LEG	€75
FULL LEG & BIKINI	€85
HALF LEG & BIKINI	€55
¾ LEG	€50
½ LEG UPPER/LOWER	€40
UNDERARM	€20
EYEBROW RESHAPE	€20
EYEBROW TIDY	€15
LIP	€15
CHIN	€15
LIP & CHIN	€25
FACE - SIDES	€20
FACE - FULL	€55
LIP & SLIGHT CHIN	€20
ARM HALF	€28
ARM FULL	€35
BASIC BIKINI	€25
EXTENDED BIKINI	€35
BRAZILIAN	€55
MAINTAIN BRAZILIAN	€45
LA BIKINI	€60
LOWER BACK	€10
BUM CHEEKS	€20

CONSULTATION

Complimentary

SUGARING - GENTLEMEN

10% discount on sugaring treatments booked every 3 weeks. Enquire for more details or book in for a complimentary trial and consultation today on 01 - 2188198.

BACK	€40
CHEST	€40
SHOULDERS	€30
BACK, NECK, CHEST & SHOULDERS	€90
EARS	€20
STOMACH	€35
BROWS	€20

MEMBERSHIP PROGRAMMES - 3 MONTHS

Underarm sugaring membership programme

Unlimited underarm sugaring for 3 months. Call us for more details: 01 - 2188198.

€90

LA / Brazilian membership programme

Unlimited specialised bikini sugaring for 3 months (Includes a FREE Full Circle Alexandria Travel Kit set worth €55). Call us for more details: 01 - 2188198.

€315

SUGARING MINUTES - FACE - LADIES

For any facial sugaring sessions we have introduced minute packages for you. Your hair regrowth is reduced the more sugaring you have done within a 3 week period as it becomes a more permanent solution to unwanted hair and so does the price you pay.

Lip - 5min deduction.

Lip and chin - 10min deduction.

Lip, chin, sides of face - 15min deduction.

Lip, chin, sides of face, brows - 20min deduction.

Check out these amazing incentive schemes so you can save!

30mins	€90
60mins	€125
90mins	€180

IN ORDER TO
look good

YOU NEED TO FEEL
GOOD INSIDE..



MASSAGE

INDIAN HEAD MASSAGE

Escape aromatherapy oil blend (where applicable)helps to clear and de-stress the mind is used during this massage. This is a very beneficial massage for any built up tension in the neck and head areas. It helps to aid headache and sinus pain relief. This is a thoroughly relaxing treatment.

45min	€70
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HOT STONE MASSAGE

This massage will relieve muscular aches and pains by the therapeutic effects of heat with the use of warm basalt stones and combinations by hand to get the required results. Very pampering and luxurious treatment.

60min	€100
45min	€75

INVIGORATING LIME AND COCONUT BODY POLISH

Full or half body lime and coconut body polish includes a full body dry brushing, invigorating body polish immersed in natural essential oils. You are wrapped in a cocoon heated foil where the body moisturising mud mask soaks into the skin followed by, a transdermal body lotion thats soaks into the dermis. This body exfoliating treatment will leave your skin feeling like silk and is a great prep for tanning pre and post massage treatments or if your skin is in need for some TLC. A head massage is performed when the mask is left for 15 minutes. Pure bliss.

60min (Full body including feet)	€65
30min (Back, neck, shoulders & décolleté)	€45

WHITE WILLOW SIGNATURE MASSAGE

This is a unique blend of massage techniques including trigger point therapy, Indian head massage, deep tissue, stretching and holistic combinations. 100% plant based oils are used where applicable during the treatment to insure ultimate relaxation. An Infra-red lamp can be used on request, A stretching guide email is sent to encourage stretching techniques from home and also shown in the salon. Our most popular massage treatment.

90min	€135
60min	€90
45min	€70
30min	€55

DEEP TISSUE / SPORTS MASSAGE

This is a specialised massage tailored specifically to an area of concern. We can treat both chronic and acute ailments.Movements are slow and deep using muscle energy and neuromuscular energy techniques for maximum pain relief. Sports massage prevents further damage to ligaments, tendons and muscles.Post stretching techniques are advised to practice at home. An Infra-red lamp can be used on request.

60min	€85
45min	€65
30min	€50

BACK NECK & SHOULDER MASSAGE

This massage focuses on your upper back, neck and shoulders if you hold tension mainly in these areas. It is ideal for clients that prefer light to medium pressure who have difficulty sleeping and want to completely switch off and destress. You will feel extremely relaxed after this massage.

30min	€45
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AROMATHERAPY MASSAGE

60min	€80
45min	€65



ORGANIC MAKEUP

100% ORGANIC MAKE UP

The science of organics, to give you the best. We wish to offer products that are different from conventional cosmetic products: natural, eco-friendly products made from organic ingredients that are more respectful of nature, and also more effective at improving your skin to enhance your natural beauty.

The micronization technology used in organic makeup products refines the particles nine times finer than conventional makeup, making the product more visible with a lighter feel, adding a beautiful glow to the skin.

Below are the ingredients you will find in many of our makeup products: Organic grape-seed oil, Organic Shea butter, Organic Damask rosewater, Organic horsetail, Organic cornflower water, Organic aloe vera juice, Organic cocoa butter, Organic jojoba oil, Red tea extract.

We also offer bridal make up appointments - please contact us directly for more details.

Organic makeup application	€40
Organic makeup lesson (30min)	€35
Organic makeup lesson (60min)	€65

*Half the price of any of the above treatments is redeemable against makeup products purchased to the value of €50 or more.

EYE CARE

EYE ENHANCEMENTS

At White Willow we offer a list of carefully selected eye care treatments to enhance your natural beauty. A 24 hr patch test is required before all tinting treatments.

EYE LASH TINT	€20
EYEBROW TINT	€13
EYE LASH & BROW TINT	€30
EYE LASH TINT & BROW SHAPE	€32
EYEBROW TINT & SHAPE	€25
EYE BROW COMBO	€40

THERE IS
beauty
IN SIMPLICITY.
BE YOU. FOR YOU.





PACKAGES

MUM AND DAUGHTER PACKAGE

Customised and specially designed treatments to create some special Mum and Daughter time. Choose between White Willow Signature Massage or Facial treatment.

120min	€170
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FRIENDS FOREVER PACKAGE

Treat yourself and your best friend to a well deserved, soothing self-care time together! Catch up, relax and enjoy a pampering White Willow Signature Massage or Facial treatment.

120min	€175
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COUPLES RETREAT PACKAGE

Take time out of your daily routines, enjoy a break of peace and quiet, and indulge in private pampering treatments designed for two. Selection of White Willow Signature Massage or Facial treatment available.

120min	€180
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COMPLIMENTARY REFRESHMENTS

All our package deals include complimentary post-treatment refreshments.

BRIDE-TO-BE PACKAGE

Relax, unwind and escape with our bridal pampering and pre-wedding treatment package. Enjoy White Willow Signature Massage and Facial treatment combo.

90min	€125
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HALF DAY PACKAGE

Enjoy an oasis of calm and relaxation, and treat yourself or your loved one to a pampering package of two beauty and wellness treatments of your choice. Includes two 1h long treatments.

120min	€180
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FULL DAY PACKAGE

Treat yourself or your loved one to a luxurious self-indulgence and the ultimate relaxation at White Willow. A choice of 4 beauty and wellness treatments are available from our menu. Includes three 1h long and one 30min long treatment.

3h 30min	€310
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DELICIOUS TREAT

Add a delicious afternoon tea, lunch or dinner at the Radisson Blu St. Helen's Hotel. Subject to availability. For further details inquire at the time of booking.



HOLISTIC NUTRITION

HOLISTIC NUTRITION CONSULTATION - 100% PLANT BASED

Holistic nutrition is a natural approach at developing a healthier balanced lifestyle while taking the whole person into account and treating the root of the problem not just the symptoms that show. We believe that you need a certain balance of macro nutrients - protein, fat, carbohydrates, and micronutrients - vitamins and minerals - to reach your maximum potential. We also take into importance the effect of how stress can affect your body, show and help you to eliminate, treat and prevent anxiety as a growing concern. With added emphasis on how meditation, exercise and strengthening techniques, breathing, nerve and muscular care can maximise your health.

We will share our knowledge of nutrition based on the changes to food over the past few years and how to overcome these changes by primarily increasing your plant based consumption in every aspect of your life not just in your food plan but also with 100% plant based aromatherapy, skin and personal care natural products which have an impact on your internal health. We will assess your current eating plan to see what foods agree and disagree with you with specific attention to the Fodmap - plan for digestive and IBS concerns and your blood type. We help people with fat loss and maintaining a healthy weight.

We share our knowledge of nutrition in the daily running of the clinic to help clients improve:

- All skin concerns
- Anti-ageing and Hormonal health
- Dermatitis
- Eczema
- Weight loss
- Improved energy
- Lower cholesterol
- IBS and Gut health
- Arthritic pain and other specific health concerns

NUTRITION CONSULTATIONS

Our holistic nutrition consultation is a detailed programme focused on the changes you can make to improve your health. We look at your past and family history, give you daily meal plans and if we feel you are lacking in nutrients we recommend products from our clinical nutrition range available online and in the clinic to transform you to become the healthiest version of you.

FULL NUTRITIONAL CONSULTATION €95
(1h + a follow up session 2 weeks later)

30 MIN CONSULTATION €60
(30min + a follow up session 2 weeks later)





Contact us

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